## LEWISTON CONSOLIDATED SCHOOLS

## SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Happy Labor Day!	3 pizza fruit&veggies	4 CHICKEN &NOODLES OVER POTATOES CORN BREAD/STICKS FRUIT&VEGGIES	5 BBQ PORK SANDWICH TATER TOTS BAKED BEANS FRUIT/VEGGIES	6 SUD SANDWICH SUN CHIPS FRUIT/VEGGIES
9 CHICKEN ALFREDO BAKE BREAD/STICKS FRUIT/VEGGIES	10 taquitos salad mix fruit/veggies	11 ham&potato casserole glazed carrots fruit/veggies	12 FISH SANDWICH TATER TOTS BAKED BEANS FRUIT/VEGGIES	13 hot dog in wg bun chips fruit/veggies
16 CHICKEN&RICE BOWL BLACK BEANS FRUIT/VEGGIES	17 LILI SMOKIES POTATO SALAD FRUIT/VEGGIES	18 spaghetti/sauce salad mix garlic/bread fruit/veggies	19 calzones Meat/cheese fruit/veggies	20 pb&jelly chips fruit/veggies
23 WALKING TACO BLACK BEANS FRUIT/VEGGIES	24 CHICKEN NUGGETS POTATOES/GRAAVY FRUIT/VEGGIES	25 BREAKFAST FOR LUNCH FRENCH TOAST FRUIT/VEGGIES	26 BBQ MEATBALLS FRUIT/VEGGIES	27 ham sandwich chips fruit/veggies
30 CHICKEN POT PIE SALAD MIX FRUIT/VEGGIES	september .			

**BREAKFAST** 

MONDAY-FRIDAY CHOICE OF CEREALS, JUICES, YOGURT, FRUIT, AND HOT BREAKFAST ITEM